



## INSTRUCTION FOR HAIR TRANSPLANT PATIENTS

### AFTER THE TREATMENT:

Use the medicine as advised by surgeon (antibioticum, antibiotic ointment, analgeticum).

Slight swelling of treated areas is common and goes off with first couple of days, we recommend to take at least two cushions for the first week (do not lie horizontal).

Scabs may occur in treated areas, these fall off within two weeks, do not pull them down. You can rub them softly after 7 days to help them to fall away.

**When washed:** you can wash your hair after 48 hours in this way:

- mix the shampoo ELUTION with tepid water and **rinse** your hair, avoid the shower stream, do not scrape, let your hair dry loose, **do not rub**
- If erythema - pain - fester occur, do not touch the areas and contact us.
- In the case of slight bleeding, use sterile gauze for 10 minutes.

### To avoid bleeding after the treatment we recommend:

#### the 1<sup>st</sup> day

- do not drink juice, sparkling water, coffee, black tea and drinks with cofein, CO2 and vitamin C
- do not eat citrus fruit

#### the 3<sup>rd</sup> day

- do not drink alcohol, do not use aspirin and medicine bringing down the blood condensability

#### 2 weeks

- avoid hard physical load (work, sport)

Major hair amount in grafts drops out after 2 - 8 weeks, but it is common; new hair come out in 2 - 3 months and they will not fall out. Avoid sun at least one month, when staying out for longer time, wear airy cap or straw-hat.